DISCOVER NEW SIBERIA!
SPORT, NUTRITION & BEAUTY
WE ARE WELLNESS EXPERTS!

23 YEARS OF EXPERTISE
MORE THAN 60 COUNTRIES ON THREE CONTINENTS GOT THE OPPORTUNITY TO USE OUR PRODUCTS

Siberian Wellness is proud to have its own up-to-date manufacturing facilities that are HACCP, ISO and GMP certified.

Five product categories:
• BEAUTY
• HYGIENE
• FOOD SUPPLEMENTS
• NUTRITION
• PERFUMES

We were born in Siberia and from that point on, we bring our values and philosophy around the world!

We respect nature that gives us strength and energy.

We always try to be in trend.

We share a healthy mindset and optimism and strive to do good deeds.

DISCOVER AN EXPERT APPROACH IN THE WORLD OF WELLNESS!
ENVIRONMENTAL PROJECTS

Environmental foundation – The World Around You – has been operating for eight years and supporting over a hundred environmental initiatives — from saving the Saker Falcons to environmental monitoring of Lake Baikal.

We extensively cooperate with large foundations — Lake Baikal and WWF.

In 2020, we actively prepare a large-scale tree-planting project (in collaboration with Federal Service for Supervision of Natural Resources).

WE ARE DEVELOPING THE ENVIRONMENTAL MOVEMENT WHEREVER THE SIBERIAN WELLNESS BRAND IS REPRESENTED:

within production facilities and product formulas, at Company events and on online platforms, during personal presentations and joint meetings in offices.

JOIN IN – WE HAVE AN ECO-PROJECT FOR YOU TOO!

WWW.WORLDAROUNDYOU.ORG
FOOD SUPPLEMENTS

PULSE BOX
FOOD SUPPLEMENT WITH OMEGA-3 FATTY ACIDS AND VITAMINS

EPA and DHA promote the normal heart functioning. The beneficial effect is achieved with a daily intake of 250 mg of EPA and DHA. Folic acid, vitamin B6 and vitamin B12 contribute to proper metabolism of homocystein. Vitamin B6 provides regular synthesis of cysteine.

Formula No. 1 (red capsules). Ingredients: betaine hydrochloride, gelatin, cyanocobalamin, pyridoxine hydrochloride, folic acid, dyes: iron oxides and hydroxides (E172), titanium dioxide (E171).

Formula No. 2 (yellow capsules). Ingredients: ethyl esters of fatty acids derived from fish oil, gelatin.

Formula No. 3 (orange capsules). Ingredients: ethyl esters of fatty acids derived from fish oil, gelatin, lycopene.

90 capsules / 64.2 g  500443
(30 packs × 3 capsules)  18.59 €

VISION BOX
FOOD SUPPLEMENT WITH OMEGA-3 FATTY ACIDS, VITAMINS, MINERALS AND BOTANICAL EXTRACTS

DHA helps to maintain normal vision and has a beneficial effect when taken daily in a dosage of 250 mg. Riboflavin (vitamin B2), vitamin A and zinc help preserve normal vision. Vitamins C and E ensure cells protection from oxidative stress.

Formula No. 1. Ingredients: sea-buckthorn oil, gelatin, Tagetes erecta extract enriched with lutein and zeaxanthin, DL-α-tocopheryl acetate.

Formula No. 2. Ingredients: ethyl esters of fatty acids derived from fish oil, gelatin.

Formula No. 3. Ingredients: gelatin, grape seed extract, cranberry fruit extract, sage leaf extract, thyme extract, oregano extract, L-ascorbic acid, green tea leaf extract, bilberry leaf extract, rutin, DL-α-tocopheryl acetate, zinc oxides, maritime pine bark extract, lycopene, beta-carotene, riboflavin, pyridoxine, thiamine, manganese sulfate, retinyl acetate, copper oxide, potassium iodide, sodium selenite, chromic chloride (III).

120 capsules / 84.3 g  500361
(30 packs × 4 capsules)  21.53 €
RENAISSANCE TRIPLE SET
FOOD SUPPLEMENT WITH BOTANICAL EXTRACTS, VITAMINS AND MINERALS
Metabolism triple support system – three formulas, fortified with vitamins, mineral compounds and precious extracts derived from wild Siberian plants.

FORMULA 1
60 capsules / 30 g
Ingredients: fennel extract, gelatine, plantain extract, chamomile extract, burdock root extract, horsehair extract, echinacea extract, aloe vera gel extract.

FORMULA 2
60 capsules / 30 g
Ingredients: watercress extract, gelatine, wild garlic extract, St. John’s wort extract, sage extract, horseradish root extract, Baikal skullcap extract.

FORMULA 3
60 capsules / 32.4 g
Ingredients: gelatin, grape seed extract, cranberry extract, sage extract, thyme extract, oregano extract, L-ascorbic acid, green tea extract, DL-α-tocopherol, lycopene, bilberry fruit extract, rutin, beta-carotene, maritime pine tree extract, lactose, maltodextrin, zinc citrate, thiamine hydrochloride, riboflavin, pyridoxine hydrochloride, copper sulfate, potassium iodide, manganese sulfate, sodium selenite, chromium picolinate, retinol.

RENAISSANCE TRIPLE SET. FORMULA 3
FOOD SUPPLEMENT WITH BOTANICAL EXTRACTS, VITAMINS AND MINERALS
Renaissance Triple Set. Formula 3 is a complex set of active components of botanical and mineral origin. Microelements and vitamins help protect cells from oxidative stress, ensure the healthy functioning of the immune system and reduce fatigue.

Ingredients:
gelatin, grape seed extract, cranberry extract, sage extract, thyme extract, oregano extract, L-ascorbic acid, green tea extract, DL-α-tocopherol, lycopene, bilberry fruit extract, rutin, beta-carotene, maritime pine tree extract, lactose, maltodextrin, zinc citrate, thiamine hydrochloride, riboflavin, pyridoxine hydrochloride, copper sulfate, potassium iodide, manganese sulfate, sodium selenite, chromium picolinate, retinol.
120 capsules / 78 g
500032
42,95 €

FORMULA 4 N.V.M.N
FOOD SUPPLEMENT WITH VITAMINS A, C, E AND LIPOIC ACID
This product contains a complex of vitamins A, E and C, which has been recognized as one of the most effective antioxidant formulas for almost 20 years. The complex properties are enhanced with organic antioxidants – taurine and lipoic acid – which significantly enlarges the spectrum of the product’s antioxidant protection.

Ingredients:
taurine, L-ascorbic acid, DL-α-tocopherol acetate, alpha-lipoic acid, retinyl acetate, hydroxypropyl methylcellulose.
120 capsules / 78 g
500020
17,96 €

NUTRITION
MODERN AND AFFORDABLE PRODUCTS – DAILY SOLUTIONS FOR AN ACTIVE LIFESTYLE!

New style and new name — for those who keep abreast with the times. Familiar composition and high quality — for those who appreciate the long-standing experience and want to be sure of the product’s effectiveness and safety.

COMPREHENSIBLE: basic formulas for all family.

HANDY: comfortable navigation.

SIMPLE: plain products for choosing the required one.

FOUR IMPORTANT CATEGORIES FOR A WELLNESS LIFESTYLE!

**MINERALS**
- Organic forms of minerals harmonizing metabolic processes

**SORBENTS**
- Smart detox solutions for pure life

**FATTY ACIDS**
- Lipid complexes based on essential polyunsaturated fatty acids of plant and animal origin

**VITAMINS**
- Vitamins in optimum amounts for the body support
Due to a new design of series, products’ appearance may differ from one presented in the catalog.

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**ESSENTIAL MINERALS**

**HIGHLY BIOAVAILABLE FORMS OF MINERALS**

**OPTIMAL DAILY DOSES**

**WELL-BALANCED FORMULAS**

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**ELEMVITALS. IRON WITH SIBERIAN HERBS**

**FOOD SUPPLEMENT WITH IRON, VITAMINS AND BOTANICAL EXTRACTS**

The product contains organic compounds of iron, which contribute to the normal oxygen transfer through the body. Vitamin C enhances the absorption of iron, while riboflavin, vitamin B6 and niacin contribute to normal energy metabolism.

**Ingredients:** acerola extract, gelatin, Siberian ginseng root extract, ferrous fumarate, nicotinamide, pyridoxine hydrochloride, riboflavin, thiamine hydrochloride, folic acid, cyanocobalamin.

60 capsules / 34.2 g 500039

17,01 €

**ELEMVITALS. MAGNESIUM WITH SIBERIAN HERBS**

**FOOD SUPPLEMENT WITH MAGNESIUM AND BOTANICAL EXTRACTS**

Magnesium plays an important role in the nervous system and muscle support and contributes to the reduction of fatigue. The product is enriched with plant extracts (valerian, Baikal skullcap and hawthorn fruits) in the most well-balanced form for the body.

**Ingredients:** magnesium citrate, gelatin, valerian extract, hawthorn fruit extract, Baikal skullcap extract.

60 capsules / 36 g 500038

11,97 €

**ELEMVITALS. IODINE WITH SIBERIAN HERBS**

**FOOD SUPPLEMENT WITH IODINE, RHODIOLA ROSEA AND SIBERIAN GINSENG**

The product is formulated with the leaf extract of bladderwrack, a seaweed rich in iodine. Iodine promotes the normal production of thyroid hormones and normal functioning of the thyroid gland. The product is additionally enriched with Eleutherococcus extract and Rhodiola rosea.

**Ingredients:** rhodiola rosea root powder, gelatin, glucose, Siberian ginseng root extract, bladderwrack extract, maltodextrin, dyes: ammonia caramel, potassium iodide.

60 capsules / 30 g 500658

8,82 €
**ELEMVITALS. CALCIUM WITH SIBERIAN HERBS**

**FOOD SUPPLEMENT WITH VITAMINS AND MINERALS**

Calciump, zinc, manganese and vitamin D are essential for healthy bones. Calcium regulates muscles functioning and plays an important role in cell division. Vitamin B6 helps to normalize the immune system functioning. Vitamin C contributes to the collagen synthesis, while vitamin D facilitates the absorption of calcium and phosphorus.

**Ingredients:**
calcium carbonate, gelatin, maltodextrin, calcium hydroxyapatite, zinc citrate, soybean extract, horsetail extract, ascorbic acid, cholecalciferol, pyridoxine hydrochloride, zinc citrate, manganese sulfate.

60 capsules / 42 g  500054  **9,45 €**

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**ELEMVITALS. SELENIUM WITH SIBERIAN HERBS**

**FOOD SUPPLEMENT WITH SELENIUM, VITAMINS AND BOTANICAL EXTRACTS**

This product is enriched with organic selenium that is essential for healthy hair and nails, and it also supports the immune system and thyroid gland functioning. Selenium and vitamins C and E ensure better cellular protection against oxidative stress.

**Ingredients:**
garlic extract, acerola extract, inactivated yeast enriched with selenium, rose hip extract, DL-α-tocopherol acetate, Baikal skullcap extract, maritime pine extract, gelatin.

60 capsules / 30.6 g  500031  **13,97 €**

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**ELEMVITALS. ZINC WITH SIBERIAN HERBS**

**FOOD SUPPLEMENT WITH ZINC, COPPER, VITAMIN C AND BOTANICAL EXTRACTS**

The product contains organic zinc and copper as well as natural vitamin C. Zinc helps to normalize the metabolism of carbohydrates and macronutrients and is essential for healthy bones, hair and skin. Copper supports the immune system and protects cells from oxidative stress.

**Ingredients:**
acerola fruit extract, echinacea herb extract, burdock root extract, rose hip extract, zinc lactate, zinc citrate, copper citrate, gelatin.

60 capsules / 34.2 g  500040  **13,97 €**

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ESSENTIAL SORBENTS

COMPLEXES BASED ON DIETARY FIBER

LYMPHOSAN PURE LIFE
FOOD SUPPLEMENT WITH PECTIN AND BOTANICAL EXTRACTS
This botanical product with pectin is rich in dietary fiber – vital elements for normal functioning of the digestive system. Pectin is a type of dietary fiber which helps maintain normal cholesterol level in blood. The product formula is additionally enriched with botanical extracts of fennel, precious burdock root and olive leaves.

Ingredients:
pectin, guar gum, Jerusalem artichoke root powder, fennel extract, burdock root extract, olive leaf extract, devil’s claw extract, Baikal skullcap extract, eleuthero extract, rose hip extract, horsetail extract, echinacea extract, aloe vera gel extract.

90 g 500030
13,97 €

LYMPHOSAN N SUPPORT
FOOD SUPPLEMENT WITH DIETARY FIBER AND BOTANICAL EXTRACTS
This is a botanical product with pectin, which serves as a source of dietary fiber and an excellent plant-based sorbent. Cranberry and horsetail extracts enrich the diet with organic acids and tannins. Pectin normalizes blood cholesterol levels.

Ingredients:
pectin, guar gum, cranberry extract, Jerusalem artichoke root powder, horsetail extract.

90 g 500029
13,97 €

LYMPHOSAN L VITALITY
FOOD SUPPLEMENT WITH DIETARY FIBER AND BOTANICAL EXTRACTS
This botanical product with pectin is rich in dietary fiber – vital elements for normal functioning of the digestive system. Pectin is a type of dietary fiber which helps maintain normal cholesterol level in blood. The product contains well-known milk thistle extract, precious extracts of mint, chamomile, thyme, St. John’s Wort and aloe vera.

Ingredients:
pectin, guar gum, mint extract, Jerusalem artichoke powder, chamomile extract, maltodextrin, thyme extract, milk thistle fruits, St. John’s wort extract, aloe vera gel extract.

90 g 500042
13,97 €

Due to a new design of series, products’ appearance may differ from one presented in the catalog.
LYMPHOSAN J COMFORT
FOOD SUPPLEMENT WITH COLLAGEN HYDROLYSATE, DIETARY FIBER
AND BOTANICAL EXTRACTS
The product contains botanical sorbent – pectin, as a source of dietary fiber. The product formula also includes widely-known botanical extracts of watercress, aloe vera, mint leaves, meadow clover flowers from Altai foothills. Grape seed extract is widely used in cosmetics, while soy beans contain essential substances for woman’s body – phytoestrogens.

Ingredients:
collagen hydrolysate (bovine), pectin, guar gum, rose hip extract, willow bark extract.

90 g 500019 15,96 €

LYMPHOSAN C BALANCE
FOOD SUPPLEMENT WITH DIETARY FIBER AND BOTANICAL EXTRACTS
The product contains several types of soluble dietary fiber in the form of phytosorbents. Its formula is also fortified with famous extracts of green tea and hawthorn fruits.

Ingredients:
citrus dietary fiber, Jerusalem artichoke root powder, psyllium husks powder, guar gum, xanthan gum, green tea extract, hawthorn fruit extract.

90 g 500043 11,97 €

LYMPHOSAN F BEAUTY
FOOD SUPPLEMENT WITH PECTIN AND BOTANICAL EXTRACTS
This complex for women is formulated with pectin – a phytosorbent which serves as a source of dietary fiber. Product formula also includes widely-known botanical extracts of watercress, aloe vera, mint leaves, meadow clover flowers from Altai foothills. Grape seed extract is widely used in cosmetics, while soy beans contain essential substances for woman’s body – phytoestrogens.

Ingredients:
pectin, guar gum, Jerusalem artichoke root powder, maltodextrin, watercress extract, mint leaf extract, grape seed extract, clover flower extract, soy extract, aloe vera gel extract.

90 g 500044 11,97 €

TOPINAMBUR-PULVER
Natural Inulin Concentrate is a complex of vital and biologically active components of a unique plant – Jerusalem artichoke or topinambur. Jerusalem artichoke was widely recognized after it was found that its roots contain inulin. Inulin helps to normalize carbohydrate and fat metabolism, maintain optimal gut flora.

Ingredients: Jerusalem artichoke powder.
75 g 400237 4,83 €

Due to a new design of series, products’ appearance may differ from one presented in the catalog.
BETAINE & B-VITAMINS
FOOD SUPPLEMENT WITH BETAINE, VITAMIN B6, FOLIC ACID, AND VITAMIN B12
Nutrient-rich complex containing betaine, folic acid, vitamin B6 and vitamin B12. It supports the cardiovascular system. Homocysteine is a by-product of amino acid metabolism (or the synthesis of methionine and cysteine). The deficit of vitamins B6, B12 and folic acid can lead to high homocysteine levels in blood plasma. Folic acid, vitamin B6 and vitamin B12 contribute to normal homocysteine metabolism.

Vitamins B6 and B12 promote the normal red blood cell formation. Folic acid ensures normal blood formation and amino acid synthesis. Vitamin B6 contributes to the normal synthesis of cysteine.

Ingredients: betaine, gelatin, vitamin B12, vitamin B6, folic acid.
TRIMEGAVITALS. OMEGA-3 CONCENTRATE AND LYCOPENE
FOOD SUPPLEMENT WITH POLYUNSATURATED OMEGA-3 ACIDS AND LYCOPENE
The product with EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid) contributes to normal heart functioning. The beneficial effect is achieved when taken daily in a dosage of 250 mg. The replacement of saturated fatty acids with polyunsaturated and/or monounsaturated ones in the diet helps to maintain normal cholesterol level in blood. Plus, the product is enriched with lycopene of natural origin.

Ingredients: ethyl esters of fatty acids derived from fish oil, gelatin, lycopene.
30 capsules / 22.2 g SFP183 13,02 €

TRIMEGAVITALS. ALL-NATURAL BETA-CAROTENE IN SEA BUCKTHORN OIL
FOOD SUPPLEMENT WITH SEA-BUCKTHORN OIL, BETA-CAROTENE AND VITAMIN E
The product contains the richest natural sea-buckthorn oil, vitamin E and natural beta-carotene (which is also known as provitamin A, since in the body it transforms into vitamin A). Vitamin A helps to support the normal vision and immune system functioning, while vitamin E supports the cellular protection from oxidative stress.

Ingredients: sea-buckthorn oil, gelatin, mixed tocopherols, sunflower oil, beta-carotene.
30 capsules / 23.1 g S500060 11,55 €

TRIMEGAVITALS. LUTEIN AND ZEAXANTHIN SUPERCONCENTRATE
FOOD SUPPLEMENT WITH SEA-BUCKTHORN OIL, LUTEIN, ZEAXANTHIN AND VITAMIN E
The complex contains a high concentration of natural light filters — lutein and zeaxanthin — for those who spend a lot of time in front of computer monitor or other devices screens. The complex is additionally enriched with Siberian sea-buckthorn oil and vitamin E which help to protect cells from oxidative stress.

Ingredients: sea-buckthorn oil (57%), gelatin, lutein-rich African marigold extract (7%), plant oils, zeaxanthin (0.1%), DL-α-tocopherol acetate, antioxidant substances of DL-α-tocopherol.
30 capsules / 22.7 g S500102 13,97 €

TRIMEGAVITALS. BORAGE AND AMARANTH OIL
FOOD SUPPLEMENT WITH VITAMINS E, D3 AND GAMMA-LINOLENIC ACID
The lipid complex contains one of omega-6 acids (gamma-linolenic) and a complex of vitamins E and D. Vitamin E contributes to the protection of cells from oxidative stress. Vitamin D supports the immune system and plays an important role in cell division.

Ingredients: borage oil, gelatin, armaranth oil, DL-alpha-tocopherol acetate, cholecalciferol.
30 capsules / 23.7 g S500049 13,97 €

TRIMEGAVITALS. SIBERIAN LINSEED OIL AND OMEGA-3 CONCENTRATE
FOOD SUPPLEMENT WITH POLYUNSATURATED OMEGA-3 FATTY ACIDS AND VITAMIN E
This complex is rich in omega-3 acids in the form of the concentrated ethylic ether of fatty acids. The natural source of acids is the richest linseed oil. Omega-3 acids are an essential part of a healthy diet. The product is enriched with vitamin E. Vitamin E contributes to the protection of cells from oxidative stress.

Ingredients: ethylic ether of fatty acid derived from fish oil, gelatin, linseed oil, DL-alpha-tocopherol acetate, antioxidants (ascorbil palmitate, extracts rich in tocopherol, rosemary extract).
30 capsules / 23.7 g S500062 13,44 €
AMINAJ EM | HERB OF LIFE
FOOD SUPPLEMENT WITH HERBS, DANDELION ROOT AND ROSE HIPS
This herbal tea blend has been created according to the traditional Buryat herbal recipes, and contains St. John’s wort herb, rose hips and dandelion roots. Translated from Buryat language “Aminaj Em” means “herb of life”.

Ingredients: corn stigma, St. John’s wort herb, peppermint leaf, chamomile flower, knotgrass herb, tansy, dandelion root, rose hips, everlasting flower.
30 tea bags × 1.5 g 500021 5,36 €

UJAN NOMO | SUPPLE BOW
HERBAL TEA BLEND WITH MEADOWSWEET
Ujan Nomo tea blend formula was specially designed to maintain normal joints function. Translated from the Buryat language “Ujan Nomo” means “supple bow”.

Ingredients: meadowsweet herb, currant leaf, rose hips, dandelion root, horsetail herb, licorice root, lingonberry leaf.
30 tea bags × 1.5 g 500025 5,46 €

SAGAAN CHARAASGAJ | WHITE SWALLOW
FOOD SUPPLEMENT WITH MOTHERWORT AND ALFALFA HERBS
The supplement name, intended for women, is translated as “white swallow”. According to Buryat legend, if a woman sees a white swallow, she stays forever young.

Ingredients: motherwort herb, alfalfa herb, oregano herb, clover herb, sage leaf, St. John’s Wort herb, melissa herb, peppermint leaf.
30 tea bags × 1.5 g 500023 5,46 €

SCHEDITE NOJR | MAGIC DREAM
HERBAL TEA BLEND WITH BAIKAL SKULLCAP
Translated from Buryat language “Shedite Nojr” means “magic dream”. This herbal tea blend is designed to ensure deep and restorative sleep.

Ingredients: Baikal skullcap root, melissa herb, oregano herb, chamomile flowers, St. John’s Wort herb, peppermint leaf.
30 tea bags × 1.5 g 500028 5,78 €

UJAN NOMO | SUPPLE BOW
HERBAL TEA BLEND WITH MEADOWSWEET
Ujan Nomo tea blend formula was specially designed to maintain normal joints function. Translated from the Buryat language “Ujan Nomo” means “supple bow”.

Ingredients: meadowsweet herb, currant leaf, rose hips, dandelion root, horsetail herb, licorice root, lingonberry leaf.
30 tea bags × 1.5 g 500025 5,46 €

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The supplement name, intended for women, is translated as “white swallow”. According to Buryat legend, if a woman sees a white swallow, she stays forever young.

Ingredients: motherwort herb, alfalfa herb, oregano herb, clover herb, sage leaf, St. John’s Wort herb, melissa herb, peppermint leaf.
30 tea bags × 1.5 g 500023 5,46 €

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30 tea bags × 1.5 g 500028 5,78 €

BAELEN AMIN | FREE BREATH
HERBAL TEA BLEND WITH LINDEN FLOWERS AND APPLE
This tea blend, infused with Siberian linden, combines full-bodied flavor and elegant herbal scent. Many centuries ago healers highly valued linden which was regarded as the tree, symbolizing longevity, promoting light breathing and being a protective amulet. Still it serves as a material for talismans, while linden flowers are fancied in every family.

Ingredients: linden flower and leaf, apple fruit pieces, oregano, mint, chamomile flower.
25 tea bags × 1.5 g 500127 5,78 €

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23
BAIKAL TEA COLLECTION:
- Carefully selected phyto blends for ultimate benefit, scent and taste.
- Herbs from environmentally pristine lands.
- Skilfully and delicately gathered fruits and herbs.
- All-natural formulas – from plant materials to packaging elements.
- Long-standing customer loyalty for the collection in more than 60 countries and successful sales for 12 years.

ENJOY THE AROMAS OF TRADITIONAL HERBAL BLENDS. BAIKAL TEA COLLECTION – ENERGY AND PURITY OF SIBERIAN NATURE IN EVERY SIP!

HERBAL TEA № 2
FEMALE HARMONY

To restore inner harmony, a woman needs a little serenity and... a cup of special herbal tea. Fragrant infusion based on sage, lemon balm, and mint will leave you feeling peaceful and help to have a good rest. Enjoy the delicate flavor and aroma of summer herbs!

Ingredients:
alfalfa herb, motherwort herb, oregano herb, peppermint leaf, lemon balm herb, sage leaf.

30 tea bags × 1.5 g
500582
5,78 €
### HERBAL TEA № 3
**NATURAL POISE**
A cup of full-flavored tea with a mild herbal taste will help you relax and unwind after a busy day. Baikal skullcap, mint, lemon balm, and oregano will bring a comforting aroma of a summer meadow and help you tune in to optimistic thoughts and emotions.

**Ingredients:**
- Baikal skullcap root (30%)
- Lemon balm herb
- Oregano
- Chamomile flower
- Peppermint leaf

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### HERBAL TEA № 4
**FOREST BREATH**
The fragrant blend of oregano, linden, and chamomile will perk you up and help survive the season of common colds. Apple pieces accentuate the taste with fruity notes.

**Ingredients:**
- Linden flower (23%)
- Apple pieces (22%)
- Oregano (20%)
- Mint (20%)
- Chamomile flower (15%)

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### HERBAL TEA № 6
**NATURAL SUPPORT**
Try this blend with refreshing notes of mint, chamomile, corn silk, and knotgrass herb.

**Ingredients:**
- Corn silk
- Peppermint leaf
- Chamomile flower
- Rose hip
- Knotgrass herb

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### HERBAL TEA № 7
**ACTIVE RHYTHM**
The natural blend based on horsetail herb and dandelion roots, supplemented with lingonberry and currant leaves, will deliver a wholesome boost for the active lifestyle!

**Ingredients:**
- Meadowsweet herb (51%)
- Currant leaf
- Dandelion root
- Rose hip
- Licorice root
- Lingonberry leaf
- Horsetail herb

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**KURIL TEA**
*Pentaphylloides fruticosa*

This famous plant was found by seafarers on the Kuril islands – they used to drink it instead of common tea. However, people who lived near the Baikal lake had been using this herb as a cleansing product since ancient times. As legend says, the dogs helped to learn about Kuril tea beneficial properties: sick animals were looking for this herb because it brought them relief. Local people still use Kuril tea herb if there are some digestion issues.

**LINGONBERRY**
*Vaccinium vitisidaea*

This small shrub plant with pink to purple berries keeps its hard lacquered leaves alive during the entire Siberian winter. Covered with a several foot layer of snow, it can tolerate temperatures as low as -50 °C (-58 °F) or even lower.

**SIBERIAN THOROUGHWAX**
*Bupleurum sibiricum*

The local Buryat people call this herb "hare’s ear" due to the shape of the plant’s leaves, which resemble a small hare’s ear. Thoroughwax is one of the most revered herbs in both Chinese and Buryat-Tibetan medicine. But whereas in China they use only roots, Buryat people use mostly the aerial parts of Thoroughwax which are far richer in active ingredients especially for the digestive system.

**SABERWEED**
*Comarum palustre*

Every fall after the first frost, Siberian women went to gather cranberries from the marshes and swamps to provide their families with vitamins for the upcoming winter. Standing in the frigid water, they often suffered from serious joint pain. There is an ancient remedy for this disease that is still in use – a swamp plant which is known as Altai marsh cinquefoil.

**HORSETAIL**
*Equisetum arvense*

It contains up to 10% of natural silicon which participates in formation of the inner structure of a plant. This particular structure and tubed body make the horsetail one of the toughest herbs.

**GARDEN BURNET**
*Sanguisorba officinalis*

This tall plant with red cones stand out from other herbs of Siberian meadows and look like an exotic decoration. Due to its bright color local people named it “blood drinker” as translated from the local language.

**SIBERIAN OREGANO**
*Origanum vulgare*

Oregano is very popular among the people in Europe and the USA, who, unlike Siberian people, often use it as a spice. Also brewed oregano creates an incredibly scented beverage that one can drink instead of common tea. Siberian oregano main benefit is in its high anti-oxidant activity. In this relation no existing herb can beat its effectiveness.

**SIBERIAN THOROUGHWAX**
*Bupleurum sibiricum*

Hedysarum is a mountain herb, which traditionally grows in South Siberia. Siberian hunters used it to maintain physical stamina during long and exhausting hunts.

**SIBERIAN ROSE HIPS**
*Rosa davurica*

Although Rose Hips are well-known on every continent, it is often misunderstood that there are a lot of different species of this common plant. Siberian Rose shrub is distinguished by its almost black twigs and deep red round-shaped fruits that make a very beautiful contrast.

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**SIBERIAN OREGANO**
*Origanum vulgare*

Oregano is very popular among the people in Europe and the USA, who, unlike Siberian people, often use it as a spice. Also brewed oregano creates an incredibly scented beverage that one can drink instead of common tea. Siberian oregano main benefit is in its high anti-oxidant activity. In this relation no existing herb can beat its effectiveness.

**SIBERIAN THYME**
*Thymus serpyllum*

Opposite to the common thyme which grows very densely and up to 2 feet high, Siberian Thyme usually clings to mountain rocks and so it’s much smaller, with fewer leaves however with many more flowers that are needed to attract insects that are so rare in the cold Siberian mountains.

**SIBERIAN ROSE HIPS**
*Rosa davurica*

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TIMELESS BEAUTY

CHRONOLONG
FOOD SUPPLEMENT WITH GLUCOSAMINE, ISOFLAVONES AND VITAMINS
Contains 100% phytoestrogen genistein — one of the main sources of women’s youth. The product formula is fortified with soybeans germs that contain dozens of natural phytoestrogens enhancing the genistein effect. Vitamin C in the form of ascorbic acid promotes better collagen synthesis, which is necessary for normal functioning of skin blood vessels. Folacin ensures proper homocysteine metabolism during menopause.

**Ingredients:** glucosamine sulfate, soybean extract, L-ascorbic acid, genistein, folic acid, cholecalciferol, gelatin.

30 capsules / 21.6 g  500449  27,93 €

TETRARDIOL
FOOD SUPPLEMENT WITH BETAIN, VITAMIN B6, FOLIC ACID, AND VITAMIN B12
Homocysteine is a product of metabolism; with age, our body accumulates a big amount of it, which negatively affects the heart and vascular activity. Tetrardiol is a multivitamin complex which contains four most effective natural components stimulating homocysteine neutralization.

**Ingredients:** betaine, maltodextrin, pyridoxine hydrochloride, folic acid, cyanocobalamin, gelatin.

30 capsules / 18.9 g  400924  17,01 €

HEALTHY RHYTHMS
FOOD SUPPLEMENT WITH VITAMINS, MINERALS, BOTANICAL EXTRACTS, DEER ANTLER POWDER, LYCOPENE AND PARA-AMINOBENZOIC ACID
Healthy Rhythms is a vitamin & mineral complex that consists of 2 complementary capsules — morning and evening which allows providing a daily intake of vitamins, microelements and other biologically active substances considering the shift of active and relax phases.

**Ingredients (morning capsule):** vitamin C, microcrystalline cellulose (filler), gelatin, lycopene, eleuthero extract, green tea extract, betacarotene, vitamin E, p-aminobenzoic acid, nicotinamide, coenzyme Q10, pine extract, pantothenic acid, vitamin D3, vitamin B6, vitamin B12, vitamin B1, vitamin A, folic acid, biotin, vitamin K1.

10 ml  500094  10,50 €

**Ingredients (evening capsule):** valerian extract, gelatin, horsetail extract, Baikal skullcap extract, sodium molybdate, silica deer antler powder, zinc citrate, selenium yeast, iron sulphate, chromium picolinate, copper sulphate, manganese sulfate, potassium iodide.

60 capsules / 31.5 g  500048  17,01 €

ADAPTOVIT
FOOD SUPPLEMENT WITH MARAL ROOT, RHODIOLA ROSEA, ELEUTHEROCOCCUS AND GINSENG
Food supplement which affects human adaptation mechanisms. Extracts of maral root, ginseng and eleuthero help to overcome fatigue and ensure better recovery after intense loads.

**Ingredients:** water, maral root extract, rhodiola rosea root and rhizome extract, eleuthero root extract, ginseng root extract, schizandra seed extract, sodium benzoate (E211), ethyl alcohol.

10 ml  500094  10,50 €

Due to a new design of series, products’ appearance may differ from one presented in the catalog.
SYNCHROVITALS — IN SYNC WITH YOUR BODY!

THE KEY BENEFIT OF THE SYNCHROVITALS SERIES IS WELL-BALANCED TWO-PHASE FORMULAS, DESIGNED TAKING INTO ACCOUNT THE PECULIARITIES OF THE BODY FUNCTIONING DURING THE DAY.

- Substances work only during their targeted phase — as efficiently as possible.
- Supports and normalizes various body systems at different times of the day.
- Accelerates recovery processes.

SYNCHROVITALS II
FOOD SUPPLEMENT WITH VITAMIN C AND BOTANICAL EXTRACTS

Precious plant extracts help to support your active phase in the morning and make you relaxed in the evening. The product contains essential vitamin C which helps to normalize nervous system functioning.

Ingredients (Complex No. 1): phosphatidylserine (soy), ascorbyl palmitate, hydroxypropyl methylcellulose, ginkgo biloba extract, gotu kola extract, ginseng extract, D-glucose.
Ingredients (Complex No. 2): sage extract, St. John's wort herb extract, hydroxypropyl methylcellulose, ascorbyl palmitate, lactose, Baikal skullcap extract.
60 capsules / 33 g  500071  29,93 €

SYNCHROVITALS III
FOOD SUPPLEMENT WITH SELENIUM, LYCOPENE, ALPHA-LIPOIC ACID AND BOTANICAL EXTRACTS

Synchrovitals III includes two types of capsules: for morning and evening intake. Selenium provides normal functioning of the immune system and helps to protect cells from oxidative stress. The product formula is fortified with beta-glucan-rich oat bran, as well as alpha-linolenic acid and lycopene.

Ingredients (Complex No. 1): beta-glucan-rich oat bran, hydroxypropyl methylcellulose, alpha-lipoic acid.
Ingredients (Complex No. 2): beta-glucan-rich oat bran, hydroxypropyl methylcellulose, inactivated yeast containing selenium, R-lycopene, hawthorn fruit extract, modified starch, corn starch, glucose, antioxidants: sodium ascorbate and DL-alpha-tocopherol.
150 capsules / 72 g  500072  19,53 €

Due to a new design of series, products' appearance may differ from one presented in the catalog.
SYNCHROVITALS IV
FOOD SUPPLEMENT WITH TAURINE AND
BOTANICAL EXTRACTS
Complex No. 1 contains milk thistle –
a source of silymarin, a substance which
promotes body detoxification.
Complex No. 2 combines extracts of
Siberian herbs and plants (including the
extract of a famous Siberian adaptogen
– St. John’s wort) which help normalize
metabolic processes.
Ingredients (Complex No. 1): taurine, milk thistle
fruits extract, hydroxypropyl methylcellulose, silverweed
rhizome extract.
Ingredients (Complex No. 2): taurine, hydroxypropyl
methylcellulose, tansy herb extract, Baikal
skullcap root extract.
60 capsules / 37.5 g 500130 8,09 €

SYNCHROVITALS V
FOOD SUPPLEMENT WITH ARABINOGLACTAN AND BOTANICAL
EXTRACTS
The product contains the ResistAid™ complex – a combination of
arabinogalactan and polyphenols obtained from the larch tree.
Arabinogalactan, as a source of soluble dietary fiber, normalizes
the gastrointestinal tract state, which benefits the immune
system.
Ingredients (Complex No. 1): arabinogalactan extracted from larch tree, hydroxypropyl
methylcellulose, ginseng root extract, plantain leaf extract, glucose, maltodextrin.
Ingredients (Complex No. 2): arabinogalactan extracted from larch tree, hydroxypropyl
methylcellulose, sage extract, chamomile extract, thyme extract, lactose.
60 capsules / 27.5 g 500073 17,96 €

SYNCHROVITALS VI
FOOD SUPPLEMENT WITH GLUCOSAMINE HYDROCHLORIDE,
CHONDROITIN SULFATE AND BOTANICAL EXTRACTS
This product includes a well-known composition of two
ingredients: glucosamine hydrochloride and chondroitin sulfate.
Their properties are fortified with famous botanical extracts
of white willow bark, meadowsweet and rose hips. Vitamin C,
contained in rose hips, contributes to normal collagen formation
for the normal function of cartilage.
Ingredients (Complex No. 1): glucosamine hydrochloride (extracted from crustacean),
willow bark extract, chondroitin sulfate, hydroxypropyl methylcellulose.
Ingredients (Complex No. 2): glucosamine hydrochloride (extracted from crustacean),
meadowsweet extract, chondroitin sulfate, hydroxypropyl methylcellulose, rose hip
extract.
60 capsules / 41.4 g 500065 13,02 €

SYNCHROVITALS VII
FOOD SUPPLEMENT WITH VITAMIN C, BETA-CAROTENE,
ZEAXANTHIN AND BOTANICAL EXTRACTS
This product is intended for those who spend much time in
front of computer or other gadgets. It contains a wide range
of botanical pigments and light filters: lutein, zeaxanthin and
beta-carotene. The complex is additionally enriched with natural
anthocyanins and vitamin A, which helps to support good vision.
Ingredients (Complex No. 1): hibiscus flower extract enriched with anthocyanins,
bilberry fruit extract enriched with anthocyanins, hydroxypropyl methylcellulose,
aronia fruit extract enriched with anthocyanins, maltodextrin.
Ingredients (Complex No. 2): acerola extract, maltodextrin, rose hip extract, lutein-
rich African marigold extract, hydroxypropyl methylcellulose, beta-carotene, ascorbyl
palmitate, modified starch, synthetic zeaxanthin, corn starch, sucrose, sodium
ascorbate.
60 capsules / 30.9 g 500050 23,00 €
A GLIMPSE INTO THE WORLD OF SIBERIAN PURE HERBS

SIBERIAN GOLDEN ROOT
Rhodiola rosea
Rhodiola rosea or Siberian golden root is the most widespread plant adaptogen in Siberia. Unlike maral root and eleuthero, golden root grows much farther to the North than any other adaptogenic plants at an altitude of 3,000-5,000 feet. And due to the harsh habitat it is extremely frost-resistant and can endure up to -60 °C (-76 °F)!

SIBERIAN GINSENG
Eleutherococcus senticosus
A famous Siberian scientist I. Brekhman conducted years of studies on various native Siberian plants, trying to find a replacement for Red Ginseng as a stimulant. He wanted to find a new herb that would increase resistance to any stress, and do so without side effects. Multi-year trials were completed with success: all of these qualities were found in eleutherococcus root, which was soon called Siberian Ginseng.

SIBERIAN ARALIA
Aralia mandshurica
Teas, and in more recent times alcohol tinctures as well, made from the bark, roots, and flowers of this thorny shrub were historically used in Siberia to treat fatigue, physical and lack of sexual vigor and headaches. Together with Siberian ginseng and Golden root, Aralia is now considered as one of the most famous Siberian adaptogenic plants.

MARAL ROOT
Leuzea carthamoides
Leuzea carthamoides or maral root is a favorite plant of marals (type of Siberian deer that inhabit the Altai mountains). Long time ago local people noticed that marals often fed on the roots of Leuzea when exhausted, that’s why it was given such a name – maral root. Indeed, this is a very powerful adaptogen and is known for its high content of ecdysterone – a natural anabolic.

SIBERIAN LARCH
Larix sibirica
Young twigs and branches of this tree contain a unique antioxidant – dihydroquercetin. It’s a close relative of another well-known antioxidant – quercetin, but due to some differences in its chemical structure, dihydroquercetin possesses significantly higher antioxidant properties.

SIBERIAN RAMSONS
Allium ursinum
Siberian bears like to dig for the bulbs of this small plant with a very strong garlic-like scent, and that is the reason for its Latin name, which is translated as “bear’s onion”. The local people also knew about its rich vitamin content and harvested large amounts of its leaves and stems to preserve by salting for long winters.

SIBERIAN LARCH
Larix sibirica
This is one of the tallest trees in Siberian forests. It reaches up to 150 feet in height and its trunk can reach 7 feet in diameter. Siberian Cedar is also a symbol of longevity, having an astounding lifespan of up to 500-700 years. The seeds of Siberian Cedar are a very important staple in the diet of the locals.

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SIBERIAN SEA-BUCKTHORN
Hippophae rhamnoides
These small bright orange berries contain possibly the highest amount of bio-available beta-carotene, and not only in Siberia, but on the whole planet. “Bio-available” means that sea-buckthorn beta-carotene is already dissolved in natural oil and thus is ready to be absorbed by the body in contrast to most of all the other beta-carotene sources that lack natural oil or fat.

SIBERIAN CEDAR
Pinus sibirica
This plant, which is also known as badan or Siberian tea, has very thick and hard leaves that can survive during even the most severe winters. In spring and summer these old leaves undergo natural self-fermentation and become dark and dry. The local people gather them to brew a very aromatic and tonifying tea.

ZIZIPHORA
Ziziphora bungeana
Coming home to their yurts and to a hot mug of Ziziphora tea with a pat of yak butter floating on top after a hard day of wolf hunting on horseback with berkuts (the big Siberian eagles they hunt with) is an ancient tradition of Altai nomads. They believed that Ziziphora invigorates the heart and nourishes the blood.

ZIZIPHORA
Ziziphora bungeana
Chaga is a mushroom that grows for decades on old birch trunks and can reach up to 3 feet in diameter. Siberian shamans believed that these mushrooms accumulated the sacred energy of the Earth which they used for centuries for strengthening the body and the mind. However, they always warned people to be careful when harvesting Chaga because of the danger of being shocked by the dramatic energy that could be released.

SIBERIAN ANGELICA
Angelica archangelica
The fluted stem of this plant can easily reach 6 feet in height and its fragrant flowers form a huge “umbrella” up to 4-5 feet in diameter. And thus it is one of the biggest grassy plants in Siberian forest. The local people used to drink its sweet and fragrant sap, which is accumulated within its hollow stem in large amounts.

BERGENIA
Bergenia crassifolia
This is one of the tallest trees in Siberian forests. It reaches up to 150 feet in height and its trunk can reach 7 feet in diameter. Siberian Cedar is also a symbol of longevity, having an astounding lifespan of up to 500-700 years. The seeds of Siberian Cedar are a very important staple in the diet of the locals.

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The brand of efficient healthy nutrition

Tasty!!
A pleasant, not too sweet taste is given by a natural sweetener derived from Stevia extract.

Healthy!!
Carefully selected ingredients.

Handy!!
Just put it in your pocket and have it on the go!

YOO GO! SHAKE IT!
POWDER FOR MAKING A PROTEIN DRINK WITH COCOA, GINGER AND SWEETENER
Enriched with nutrients, the shake based on milk protein concentrate has been specifically designed for those who keep fit.

THE PRODUCT CONTAINS*:
• 115.7 g of protein helps to maintain and gain muscle bulk, as well as preserve normal bone tissue.
• 2 µg of vitamin B12 (80% NRV**) helps to reduce fatigue and contributes to the normal functioning of the nervous system and immune function.
• 22 mg of vitamin C (28% NRV**) promotes the normal formation of collagen for normal bone functioning, supports immunity during and after physical load.

* Amount per serving. ** NRV – Nutrient Reference Value.

Ingredients:
milk protein (milk protein concentrate) (71%), psyllium husks (10%), fat-free cocoa (10%), ginger root powder (3%), L-carnitine-L-tartrate (2%), oat beta-glucan (1%), bitter melon extract (1%), fish oil (1%), acerola extract (0.5%), sweetener: steviol glycosides, cyanocobalamin, L-ascorbic acid.

175 g (7х25 g) 500541
12,71 €

YOO GO! SHAKE IT!
POWDER FOR MAKING A PROTEIN DRINK WITH COCONUT AND BISCUIT TASTE, CONTAINS SWEETENER
Enriched with nutrients, the shake based on milk protein concentrate has been specifically designed for those who keep fit. A pleasant, not too sweet taste is given by coconut and a natural sweetener derived from Stevia extract. Protein helps maintain muscle bulk and normal bones. Vitamin B12 contributes to the reduction of fatigue and weakness, the normal functioning of the nervous system and the normal functioning of the immune system. Vitamin C ensures the normal formation of collagen for normal bone functioning and normal immune system functioning during and after intense physical load.

THE PRODUCT CONTAINS*:
• 17 g of protein helps to maintain and gain muscle bulk, as well as preserve normal bone tissue.
• 1.8 µg of vitamin B12 (72% NRV**) helps to reduce fatigue and contributes to the normal functioning of the nervous system and immune function.
• 21.7 mg of vitamin C (27% NRV**) promotes the normal formation of collagen for normal bone functioning, supports immunity during and after physical load.

* Amount per serving. ** NRV – Nutrient Reference Value.

Ingredients:
milk protein concentrate (83%), psyllium husks (5%), coconut flakes (3%), L-carnitine tartrate (2%), coconut flavor, biscuit flavor: oat beta-glucan (1%), bitter melon extract (1%), fish oil (1%), acerola extract (0.5%), sweetener: steviol glycosides, cyanocobalamin, L-ascorbic acid.

175 g (7х25 g) 500564
12,71 €
YOO GO! BETA-GLUCAN DRINK MIX (STRAWBERRY)
POWDER FOR MAKING A FLAVORED DRINK WITH DIETARY FIBER AND SWEETENER

Your appetite doesn’t control you, it’s YOU who does it! A delicious drink to start on a new day for those who prefer fiber with taste. Source of glucose.
WHAT’S INSIDE?*
• 3.5 g of beta-glucans from SweOat® bioactive oats;
• 3.5 g of dietary fiber;
• Sugar-free.
* Amount per serving.

Ingredients: heat-treated oat bran (71%), isomalto-oligosaccharide, strawberry powder (11.5%), malic acid (acidity regulator), guar gum (thickener), strawberry flavor, steviol glycosides (sweetener).

70 g (14x5 g) 500512
11.45 €

YOO GO! ACTIVE FIBER DRINK MIX (APPLE-LEMON)
POWDER FOR MAKING A FLAVORED DRINK WITH DIETARY FIBER

Your appetite doesn’t control you, it’s YOU who does it! A delicious drink to start on a new day for those who prefer fiber with taste. Source of glucose.
WHAT’S INSIDE?*
• citrus fiber;
• apple pectin;
• blond psyllium husks;
• 3.5 g of dietary fiber;
• Sugar-free.
* Amount per serving.

Ingredients: citrus fiber (40%), apple pectin (20%), apple juice powder (15%), isomalto-oligosaccharide, husks of blond psyllium (Plantago ovata 10%), malic acid (acidity regulator), guar gum (thickener), lemon juice powder (1%), natural apple flavor, steviol glycosides (sweetener).

70 g (14x5 g) 500543
8.40 €
THE COMPLEX IS COMPLETE WITH 13 VITAMINS AND 8 MINERALS in optimal dosages and designed for professional athletes and amateurs. In addition, the complex contains an excellent dosage of iron and zinc – crucial elements for athletes.

IRON contributes to the normal red cells and hemoglobin formation as well as normal oxygen transport through the body. Promotes a quick recovery.

ZINC promotes normal carbohydrate and macronutrient metabolism as well as proper DNA and protein synthesis.

VITAMINS AND MINERALS are equally needed by all athletes, but iron and zinc are critical for some particular disciplines. For example, athletes engaged in cyclic sports (triathlon, track cycling) experience an increased demand for these trace elements, as they undergo prolonged, intense aerobic load.

MEGA ESSENTIALS FOOD SUPPLEMENT WITH VITAMINS AND MINERALS

The complex of 13 vitamins and 8 minerals will provide the body with essential nutrients, which are vital during vigorous physical activity. The product is enriched with complex of vitamins A, E, and C. Riboflavin (vitamin B2) helps to reduce fatigue and improve endurance, vitamins B6, B12 and pantothenic acid are essential for the normal energy metabolism. Manganese, calcium and vitamin D ensure perfect care for the bones. Copper and iodine contribute to normal functioning of the nervous system, iron facilitates rapid recovery, selenium supports the immune system, zinc normalizes carbohydrate metabolism, while magnesium helps to maintain normal muscle function. The complex of vitamins and minerals will help you to do sports with pleasure!


120 tablets / 167.4 g 500284
14,49 €
**OMEGA-3 ULTRA**
**FOOD SUPPLEMENT WITH POLYUNSATURATED OMEGA-3 ACIDS**

**HIGH CONTENT OF OMEGA-3 FATTY ACIDS FOR EVERY DAY** to support the body during strenuous physical exercise.

The high concentration of omega-3:
- Four capsules contain 100% daily value of the most important omega-3 acids: eicosapentaenoic and docosahexaenoic acids, derived from refined marine fish oil. The product is formulated with EPA and DHA that contribute to the normal function of the heart. The beneficial effect is achieved with daily intake of 250 mg of EPA and DHA.
- The replacement of saturated fatty acids with polyunsaturated and/or monounsaturated ones in the diet helps to maintain normal blood cholesterol levels.

Ingredients:
- Fish oil concentrate (ethyl ether), gelatin.

120 capsules / 102 g  
500484  
20.27 €

**BCAA COMPLEX**
**FOOD SUPPLEMENT WITH AMINO ACIDS**

Developed for the intense workouts the nutritional blend contains three essential amino acids that our body cannot produce by itself.

With a daily dosage of leucine, isoleucine, and valine at a 2:1:1 ratio you get 5 g of amino acids.

**Ingredients:**
- L-leucine, L-isoleucine, L-valine, cellulose microcrystalline, emulsifier: soy lecithin, polyvinyl alcohol (coating), magnesium salts of fatty acids (anti-caking agent), polyethylene glycol (coating), talc (anti-caking agent).

120 tablets / 123.6 g  
500277  
14.07 €

**GLUCOSAMINE AND CHONDROITIN**
**FOOD SUPPLEMENT WITH GLUCOSAMINE AND CHONDROITIN**

The complex contains 667 mg of glucosamine and 182 mg of chondroitin sulfate. One of the key formula ingredients — glucosamine hydrochloride highly enriched with glucosamine.

**Ingredients:**
- Glucosamine hydrochloride (derived from crustaceans), chondroitin sulfate, microcrystalline cellulose (filler), lactose, polyethylene glycol (coating), magnesium salts of fatty acids (anti-caking agent), polyvinyl alcohol (coating), talc (anti-caking agent).

120 tablets / 148.2 g  
500276  
33.39 €

**L-CARNITINE**
**FOOD SUPPLEMENT WITH L-CARNITINE**

Two capsules are rich in 726 mg of pure L-carnitine. It is a perfect choice for those who actively do sports and fitness.

**Ingredients:**
- L-carnitine, L-tartrate, capsule: gelatin, titanium dioxide (dye).

120 capsules / 72 g  
500285  
13.86 €
DOUBLE-PHASE HI-GRADE PROTEIN
STRAWBERRY/BILBERRY
POWDER FOR MAKING A PROTEIN DRINK WITH STRAWBERRY/BILBERRY FLAVOR, WITH A SWEETENER.

Multi-component protein drink with bilberry or wild strawberry juice is a well-balanced combination of fast-digesting (whey protein isolate) and slow-digesting (casein) proteins. The cocktail also contains the branched-chain amino acids (BCAA). Protein ensures muscle gain and healthy bones.

Convenient to take with you: grab a small pack to workout or have it on the go to complement your daily diet!

Ingredients:
milk protein concentrate (89%), whey protein isolate (4%), natural flavor (3%), L-carnitine (2%), strawberry powder (0.3%) / bilberry powder (0.45%), citric acid, sweeteners: steviol glycosides, cyanocobalamin.

375 g (15x25 g) 500447 / 500448 24,26 €

MULTICOMPONENT
HI-GRADE PROTEIN
POWDER FOR MAKING A PROTEIN DRINK WITH AMINO ACIDS, COCOA, GINGER AND SWEETENER

Multicomponent Hi-Grade Protein consists of high-quality proteins with different digestion time: protein hydrolysate and amino acids (BCAA), whey protein and casein. The product is packed with some of the most popular ingredients among sports fans that increase energy levels thanks to which it will ideally suit both professional athletes and beginners. Protein ensures muscle gain and healthy bones.

Ingredients:
milk protein concentrate (80.3%), cocoa powder (7.5%), whey protein hydrolysate (4%), whey protein isolate (4%), L-leucine (1%), L-isoleucine (1%), L-valine (1%), sweetener: steviol glycosides, soy lecithin (emulsifier).

450 g (15x30 g) 500466 24,26 €

WHEY SILVER ICE PRO
POWDER FOR MAKING A PROTEIN DRINK WITH AMINO ACIDS, PSYLLIUM HUSKS, COCOA AND SWEETENER

One serving contains 24 g of whey protein, 75 g of which – hi-grade BCAA. Protein ensures muscle gain and healthy bones.

Convenient to take with you: grab a small pack to workout or have it on the go to complement your daily diet!

Ingredients:
whey protein isolate (80.2%), milk protein concentrate (7%), highly refined cocoa (6%), psyllium husks (3%), L-leucine (1.7%), L-isoleucine (0.9%), L-valine (0.9%), sweetener: steviol glycosides, soy lecithin (emulsifier).

450 g (15x30 g) 500366 40,43 €
FRESH BREATH MOUTHWASH
(CONCENTRATE)

Daily oral care became even more effective! Siberian Pure Herbs Collection offers a new formula for fresh breath. Extracts of Siberian larch and mint, sage, licorice, as well as Japanese knotweed and Baikal skullcap possess preventive properties, maintain oral hygiene and pleasantly refresh the breath.

Active ingredients: chlorophyllipt (eucalyptus leaf extract), Siberian larch extract, eucalyptus oil, mint extract, extracts of sage, licorice, Japanese knotweed, Baikal skullcap, chamomile, tea tree oil.

250 ml  401915  6,26 €

WHILE SUPPLIES LAST!
TOOTHPASTE
STRAWBERRY & RED CLAY
Natural ingredients (99.1%): strawberry juice, red clay and extract of magnolia bark – provide complex oral care by delicately cleansing even sensitive enamel, preventing tartar buildup and protecting teeth against bacteria that cause dental caries and bad breath. Papain helps to restore and maintain natural white color of teeth. Strawberry seeds serve as a soft natural abrasive without damaging teeth enamel while brushing. Bright flavor and bold color: invigorating strawberry juice and red color of clay.

Active ingredients: strawberry juice and seeds, red clay, magnolia bark extract, papain (papaya enzyme), xylitol 10%.
75 ml 411380
4,64 €

TOOTHPASTE
BLUEBERRY & CHARCOAL
Natural ingredients (99.1%) provide complex oral care: charcoal helps keep your teeth white, and your breath – fresh! Blueberry helps maintain healthy gums, L-arginine contributes to the reduction of teeth sensitivity. Xylitol protects from bacteria which cause caries. Harmonious flavor and unusual color: balanced flavor of juicy blueberry, black color of charcoal.

Active ingredients: blueberry juice, lemongrass leaves, charcoal, magnolia bark extract, papain (papaya enzyme), xylitol 10%.
75 ml 411381
4,64 €

TOOTHPASTE
CHINOTTO & LEMONGRASS
Chinotto and refreshing lemongrass toothpaste is inspired by nature for delicate care of your teeth! Natural ingredients (99.1%): magnolia bark helps protect against bacteria which cause caries and bad breath, essential lemongrass oil works to freshen your breath. Green tea promotes delicate care for the sensitive gums. Bright flavor: freshness of chinotto and lemongrass.

Active ingredients: chinotto juice, lemongrass leaf, magnolia bark extract, green tea extract, papain (papaya enzyme), xylitol 10%.
75 ml 411379
4,64 €
1. **TOOTHPASTE**

**SIBERIAN SEA-BUCKTHORN**

SENSITIVE TEETH CARE

Siberian Sea-Buckthorn Extra Rich Botanical Toothpaste is a natural solution to protect and care for the most sensitive teeth and gums. It contains essential sea-buckthorn fruit oil and juice that are rich in the antioxidant properties.

Active ingredients: sea-buckthorn oil, calendula macerate, sea-buckthorn extract (fruits), natural menthol, oregano extract.

100 ml / 75 ml
411378 / 403024
6,03 €

2. **TOOTHPASTE**

**SIBERIAN PROPOLIS**

NATURAL ORAL CARE


Active ingredients: bee propolis, complex of extracts and oils of bergenia, sage, chamomile, geranium and sea-buckthorn.

100 ml / 75 ml
411376 / 403380
6,03 €

3. **TOOTHPASTE**

**SIBERIAN ROSE HIPS**

NATURAL REPAIR AND RENEWAL


Active ingredients: Siberian rose hip extract, red clay, extracts of Siberian juniper, sage, sea-buckthorn and chamomile.

100 ml / 75 ml
411377 / 403379
6,03 €
ENHANCES THE EFFECT OF COSMETICS’ INGREDIENTS

ENDESSENCE TECHNOLOGY
Unlike traditional means of extraction, revolutionary technology Eutectys™ makes it possible to preserve “viable” and highly bioactive juice of endemic plants by almost completely extracting their precious assets.

ENDESSENCE HERBS
The combination of highly bioactive essences of endemic plants* and revolutionary extraction technology resulted in a highly effective complex – ENDESSENCE. This complex is based on vital essences of five endemic Siberian herbs:

1. **Siberian Ginseng** possesses invigorating, tonifying and adaptogenic properties.
2. **Rhododendron** is famous for its antioxidant and antiseptic properties, and contributes to better cellular metabolism.
3. **Rhodiola** helps to cleanse cells from toxins and wastes, normalize metabolism and strengthen the immune system.
4. **Baikal skullcap** is known for its adaptogenic, antioxidant and anti-aging properties.
5. **Siberian Leuzea (maral root)** delivers tonifying, invigorating and adaptogenic effects.

* Endemic plants or endemics – plants, growing solely on the particular territory (in this case – in Siberia).
Active ingredients:

REJUVENATING EYE CREAM
Revitalize your eye contour with this powerful anti-aging cream formulated with endemic Siberian plants, essential minerals and botanical oils. Its velvety formula deeply hydrates the skin, targets puffiness and fine lines.
15 ml
411587 / 409254
5,80 €

REJUVENATING FACE CREAM
Siberian endemic plants, powerful herbal antioxidants and rare botanical oils have been formulated into this advanced and highly active skin-nourishing cream. Its extra rich rejuvenating formula targets all signs of fatigue and aging, dehydration, fine lines, loss of radiance and elasticity.
75 ml
411586 / 409253
8,12 €

REJUVENATING FACIAL CLEANSING GEL
This gentle herbal gel, formulated with 10 botanical extracts and oils, deeply cleanses, rebalances, tones and mildly scrubs your skin without overdrying. Effectively removes makeup and traces of excess sebum, leaving your skin thoroughly refreshed and promoting rejuvenation.
300 ml
411585 / 409252
6,96 €
CARAWAY OIL
is a rich source of vitamins, saturated and unsaturated fatty acids, minerals and enzymes that stimulate collagen synthesis, nourish skin and normalize cell turnover.

CRAMBE ABYSSINICA SEED OIL
intensively moisturizes and prevents moisture loss, boosts skin elasticity and firmness.

SEA BUCKTHORN OIL
maintains the barrier function of the skin, repairs and invigorates the skin, prevents premature skin aging.

FOR FACE
FOR HANDS
FOR NECK AND DÉCOLLETÉ
FOR AREAS THAT REQUIRE INTENSIVE CARE

NOURISHING FACE MASK
This mask is designed to solve dry skin needs. Sea-buckthorn, crambe abyssinica and caraway oils nourish, lavishly hydrate your skin leaving a feeling of comfort. Enriched with sea-buckthorn, crambe abyssinica and caraway oils, the lightweight creamy mask effectively nourishes, boosts regeneration, enhances skin elasticity and improves complexion. Botanical ingredients target fine lines on neck, around eyes and lips. Result: silky-smooth, firm and supple face skin!


100 ml 410277 7,80 €
MOISTURIZING FACE MASK

Instant restoration of the skin’s natural moisture balance. Natural ingredients, lightweight gel texture. The formula of proper moisturizing, given by nature: complex of ceramides in combination with nut oils and ENDESENCE. Your skin is moisturized and protected from overdrying. Perfect shield against the harsh weather and the influence of time!

Active ingredients: macadamia seed oil, trehalose, hazelnut oil, cedar seed oil, aloe vera leaf juice extract, ceramides, natural polysaccharide – glucomanan, ENDESENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

50 ml 411571

6,84 €

RENEWAL FACE MASK

Natural ingredients ensure the restoration and renewal processes for a visibly better skin. Natural rescue for tired skin! Extracts of ginseng and ginkgo biloba maintain skin beauty and youth, cedar oil and shea butter perfectly soften, folic acid extract in a bioavailable form helps to increase skin elasticity.


50 ml 411573

6,84 €

MATTIFYING FACE MASK

Targeted care with porcelain and green clays: effective pore cleansing and protection against oily sheen. Get rid of oily shine – your skin is beautiful and fresh all day long! Two types of clay – porcelain and green – effectively clean the pores and provide a mattifying effect. Leaf waters of witch hazel, pine and thyme refresh and tonify the skin, as well as facilitate regulation of the sebaceous glands functioning.

Active ingredients: porcelain and green clay, leaf waters of witch hazel, pine, flowers and leaves of thyme, oils of thuja, thyme, fir and tea tree, ENDESENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

50 ml 411574

6,84 €

DEEP CLEANSING FACE MASK

Deep cleansing and detox effect for all skin types. The formula with a thermal effect removes impurities and ensures pores contraction.

New approach to the cleansing: this formula with a thermal effect removes impurities and ensures pores contraction, porcelain and sea clays facilitate regulation of the sebaceous glands work, botanical extracts of ENDESENCE complex help to preserve youth and beauty of the skin.


50 ml 411572

6,84 €

MOISTURIZING FACE MASK

Instant restoration of the skin’s natural moisture balance. Natural ingredients, lightweight gel texture. The formula of proper moisturizing, given by nature: complex of ceramides in combination with nut oils and ENDESENCE. Your skin is moisturized and protected from overdrying. Perfect shield against the harsh weather and the influence of time!

Active ingredients: macadamia seed oil, trehalose, hazelnut oil, cedar seed oil, aloe vera leaf juice extract, ceramides, natural polysaccharide – glucomanan, ENDESENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

50 ml 411571

6,84 €
RENEWAL FACE CREAM
Active renewal formula of the cream with coenzyme Q10 activates the energy production by skin cells, improves cells regeneration. Pomegranate seed oil moisturizes, renews and visibly transforms the skin.

Active ingredients: coenzyme Q10, hyaluronic acid, pomegranate seed oil, vitamin E, squalene, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

50 ml 411211
11,14 €

ALL-IN-ONE ANTI-AGING TREATMENT
The cream delivers delicate care for mature skin revitalizing and hydrating it. It helps replenish collagen and elastin deficiency, restore skin natural elasticity. Precious botanical extracts of its formula slow down the aging processes and prevent pigmentation development with a mild skin lightening effect.

Active ingredients: extracts of plantain, red grape, guelder rose, licorice, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

50 ml 404778
11,14 €

MOISTURIZING FACE CREAM
Lightweight bioactive cream with botanical complex ENDESSENCE deeply moisturizes, smooths fine lines, restores skin elasticity and firmness. It gives a healthy glow and freshness even to the driest and sensitive skin.


50 ml 404777
11,14 €
DELICATE CLEANSING FOR ALL SKIN TYPES

REBALANCING FACIAL CLEANSING GEL

Legendary product with ENDESSENCE botanical complex for all skin types. Natural formula (soap-free) based on plant-derived surfactants gently but effectively removes all types of daily impurities and makeup. It doesn’t cause tightness or discomfort, leaving your skin clean and fresh.

Active ingredients: extract of aloe vera leaf juice, Siberian berries extracts (cherry, honeysuckle, wild strawberry, guelder rose, cranberry, raspberry, and blackcurrant), ENDESSENCE – complex of botanical extracts (rhododendron, eleuthero root, maral root, rhodiola quadrifida, Baikal skullcap).

75 ml 411565 7,77 €

FACE RENEWAL SCRUB

Delicate cleansing and renewal of even dry and sensitive skin. Walnut shell powder infused with berries of guelder rose and cranberry removes dead skin cells, plant oils perfectly moisturize, ENDESSENCE complex enhances skin regeneration.

Active ingredients: walnut shell powder, caffeine, berries of guelder rose and cranberry, ENDESSENCE – complex of botanical extracts (rhododendron, eleuthero root, rhodiola quadrifida, maral root, Baikal skullcap).

75 ml 411564 7,77 €

MOISTURIZING FACE TONER

Infused with lavender water and lime blossom this face toner perfectly suits dry and sensitive skin needs. Its formula tonifies, helps to reduce skin sensitivity and prevents its early ageing.


200 ml 411569 7,77 €

MATTIFYING FACE TONER

Based on juniper water face toner is suitable for normal, oily or combination skin. Helps to eliminate oily shine, contributes to the pores contraction and matte coverage.

Active ingredients: flower waters of juniper and thyme, silver fir needle water, complex of fruit acids, ENDESSENCE – complex of botanical extracts (rhododendron, eleuthero root, rhodiola quadrifida, maral root, Baikal skullcap).

200 ml 411570 7,77 €
**VOLUMIZING SHAMPOO**
This natural herbal shampoo for fine hair boosts strands for natural volume. It gently cleanses your hair, helping to remove oil and build-up and hold voluminous styles longer. Now your hair looks and feels healthier with a fuller and thicker appearance!
250 ml 409257  

6,96 €

**Active ingredients:**
vitamin PP, Siberian thuja oil, essential oils of peppermint, lemon and lime, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

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**VOLUMIZING HAIR CONDITIONER**
Siberian plants provide a gentle natural formula that thickens and strengthens your hair, creating full volume and healthy shine.
250 ml 409258  

6,96 €
REVIVING HAIR MASK

This herbal shampoo gently cleanses and upon regular use conditions dry and damaged hair. Larch polysaccharides and panthenol help to restore brittle hair, protect the vibrancy of hair color and eliminate dryness, making hair silky smooth and elastic. Extracts of burdock and chamomile condition scalp skin, relieve irritation and itching, while aloe vera extract and ENDESSENCE botanical complex moisturize hair, saturate with vitamins, restore its vitality, beauty and shine.

Active ingredients: larch polysaccharide, panthenol, extracts of burdock, chamomile and aloe, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

250 ml 410276
8,82 €

REVIVING HAIR CONDITIONER

Hair conditioner with oils of camelina sativa, orange and shea butter adds softness and detangles dehydrated and color-treated hair. Hydrolyzed keratin ensures damaged hair repair, while ENDESSENCE botanical complex and extracts of burdock and aloe vera juice deeply hydrate and add brilliant shine.

Active ingredients: saffron milk cap oil, shea butter, orange peel oil, keratin hydrolyzate, extracts of burdock and aloe vera juice, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

250 ml 404786
8,82 €

HAIR GROWTH MASK

The mask with hydrolyzed keratin, caffeine and vitamin PP helps to strengthen hair from root to tip and activates its growth. Honey conditioner; ENDESSENCE complex and D-panthenol moisturize and smooth the hair, leaving it soft, glossy and tangle-free.

Active ingredients: keratin hydrolyzate, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap), D-panthenol, extracts of burdock and ginger, essential oils of sage, anise and lavender.

150 ml 404785
9,74 €

REVIVING HAIR CONDITIONER

Hair conditioner with apigenin and panthenol ensures strand-strengthening and detangling as well as stimulates hair growth. Extracts of burdock and ginger help to normalize hair follicle activity, while ENDESSENCE complex and D-panthenol moisturize hair for the perfect elasticity and brilliant shine.

Active ingredients: apigenin, panthenol, extracts of burdock and ginger, essential oils of sage and lavender, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

250 ml 404783
8,82 €

REVIVING SHAMPOO

This herbal shampoo gently cleanses and upon regular use conditions dry and damaged hair. Larch polysaccharides and panthenol help to restore brittle hair, protect the vibrancy of hair color and eliminate dryness, making hair silky smooth and elastic. Extracts of burdock and chamomile condition scalp skin, relieve irritation and itching, while aloe vera extract and ENDESSENCE botanical complex moisturize hair, saturate with vitamins, restore its vitality, beauty and shine.

Active ingredients: larch polysaccharide, panthenol, extracts of burdock, chamomile and aloe, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

250 ml 410276
7,77 €

HAIR GROWTH SHAMPOO

This herbal shampoo formulated with vitamins B6 and PP, extracts of burdock and ginger helps to normalize the hair follicle activity, ENDESSENCE complex, D-panthenol and inulin moisturize hair leaving it more elastic, healthy and glossy.

Active ingredients: vitamin B6, vitamin PP, extracts of burdock and ginger, keratin hydrolyzate, panthenol, inulin, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

250 ml 406327
7,77 €

HAIR GROWTH CONDITIONER

Hair conditioner with apigenin and panthenol ensures strand-strengthening and detangling as well as stimulates hair growth. Extracts of burdock and ginger help to normalize hair follicle activity, while ENDESSENCE complex and D-panthenol moisturize hair for the perfect elasticity and brilliant shine.

Active ingredients: apigenin, panthenol, extracts of burdock and ginger, essential oils of sage and lavender, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

250 ml 404783
8,82 €

REVIVING CONDITIONER

Hair conditioner with oils of camelina sativa, orange and shea butter adds softness and detangles dehydrated and color-treated hair. Hydrolyzed keratin ensures damaged hair repair, while ENDESSENCE botanical complex and extracts of burdock and aloe vera juice deeply hydrate and add brilliant shine.

Active ingredients: saffron milk cap oil, shea butter, orange peel oil, keratin hydrolyzate, extracts of burdock and aloe vera juice, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

250 ml 404786
8,82 €

CHAMOMILE EXTRACT

stimulates the skin's metabolism and helps regenerate the tissue. Chamomile has a low allergenic potential. It contains bisabolol which helps active ingredients to be swiftly absorbed into the skin.

Active ingredients: saffron milk cap oil, shea butter, orange peel oil, keratin hydrolyzate, extracts of burdock and aloe vera juice, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

BEAUTY
SUN CARE FACE CREAM SPF 50
Effective solution for fighting dark spots and signs of photoaging, delicate skin care. Cream with ENDESSENCE botanical complex, panthenol and calendula extract helps to cope with environmental stresses. Highly effective filters provide reliable protection against UVA and UVB rays.

Active ingredients: panthenol, calendula oil, vitamin E, combination of highly effective filters, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

50 ml 412269
11,72 €

SUN CARE BODY LOTION SPF 30
Keep your skin moisturized and protected from UVA/UVB rays exposure and photoaging with the delicate formula based on plant-based ENDESSENCE complex. Its formula defends the skin against photoaging, burns and damage. Crambe abyssinica seed oil, vitamin E and calendula oil ensure delicate care for your skin, leaving it soft and supple.

Active ingredients: crambe abyssinica seed oil, panthenol, calendula oil, vitamin E, combination of highly effective filters, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

100 ml 412270
11,72 €
CALMING AFTER SHAVE BALM
Perfect solution to relieve after shaving discomfort, soothe and soften the skin, activate the renewal processes. The balm pleasantly refreshes skin, quickly absorbs, without leaving sticky feeling and tightness.

- **Active ingredients**: oils of cedar, hazelnut and pistachio, ginger extract, extracts of rosemary, sage, vetiver. ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).
- **100 ml** 411580 8,82 €

CALMING AFTER SHAVE BALM

SAGE OIL
helps prevent the inflammation after shaving and normalizes the sebum production, deodorizes, helps to tighten the pores and reduce signs of acne.

PINE NUT OIL
promotes skin restoration, nourishes and softens it, helping to preserve its youth.

MALE ESSENTIALS SHAMPOO & BODY WASH
Shampoo & Body Wash leaves your hair and body fresh and energized for the whole day and ideally suits for regular use. It does not overtly dry and irritate sensitive skin, perfectly washes out without a tight feeling afterwards. Caffeine and L-arginine tonify skin; ginseng and thyme extracts promote overall strengthening.

- **Active ingredients**: extracts of ginseng and thyme, caffeine and L-arginine, essential oils of peppermint, sage and bergamot. ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).
- **250 ml** 411579 8,82 €

CALMING SHAVING GEL
Refreshing gel makes shaving routine more comfortable and pleasant. Essential oils prevent irritation, herbal extracts stimulate skin renewal and ENDESSENCE complex helps to keep your skin fresh and youthful.

- **Active ingredients**: extracts of plantain, goat’s rue, essential oils of sage, juniper, vetiver. ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).
- **100 ml** 411581 8,82 €
MAGNOLIA EXTRACT is characterized by diverse, soothing and softening properties. That’s why it is used in traditional Chinese medicine and Ayurveda to relieve neurogenic skin irritation and reduce skin redness.

LACTIC ACID prevents pathogenic bacteria growth and helps to support natural microflora and pH balance of the intimate area.

INTIMATE CARE DEODORANT GEL
The gel delicately cleanses the sensitive skin of the intimate area. Deodorizes, maintains a healthy microflora balance. Delicate cleansing gel moisturizes, as well as helps to eliminate discomfort and unpleasant odor in the intimate area. The active ingredients formulated with the complex of botanical extracts ENDESSENCE enhance the natural skin protection.

Active ingredients: extracts of soapnut, magnolia, sweet flag, amaranth, rhodiola, trehalose, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

150 ml 411576 7,80 €

EXTRACTS OF SWEET FLAG AND AMARANTH deliver a regenerating effect on withered and damaged skin. Fortify skin firmness and elasticity, soothe the skin and promote skin protective properties.

REFRESHING BODY WASH Gentle gel with juicy scent of sea-buckthorn gently cleanses and nourishes the skin. The botanical complex ENDESSENCE and sea-buckthorn extract promote skin renewal. Thyme leaf water tonifies, betaine and amaranth proteins soften and prevent skin tightness and dryness.


250 ml 410274 6,73 €

NOURISHING BODY CREAM Its formula with a pleasant creamy texture is packed with oils of pistachio, sea-buckthorn and camelina. As a result, it makes dry and dehydrated skin nicely fresh and velvety. Wild strawberry extract and ENDESSENCE plant complex help restore the skin’s lipid barrier, returning the comfort and softness.


150 ml 409978 6,73 €

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COMING SOON

ANTI-ODOR FOOT CREAM Evosina® natural botanical extract, oils of manuka, thuja, tea tree and macleaya extract promote the antibacterial effect, eliminate itching, burning and unpleasant odor. Extracts of sweet flag, oak bark, and tapioca starch reduce sweating and keep feet fresh throughout the day.

Active ingredients: sodium usnate (Evosina® natural botanical extract), oils of spruce needle, manuka, thuja, essential oils of tea tree and eucalyptus, extracts of macleaya, sweet flag, oak bark and tapioca starch, ENDESSENCE – complex of botanical extracts (rhododendron, eleuthero root, maral root, rhodiola, Baikal skullcap).

75 ml 411588 5,80 €
A GLIMPSE INTO THE WORLD OF SIBERIAN PURE HERBS

SIBERIAN FIR
Abies sibirica
This tall evergreen tree is famous for its resin. Unlike pines or cedars, the trunk of the fir tree has a very thin, soft and smooth bark studded with numerous little resin swellings. The indigenous people used to prick these swellings with a needle or a knife and then gather the outflowing resin to use it for healing wounds.

SIBERIAN JUNPER
Juniperus sibirica
For centuries the Siberian people knew about the antibacterial and antifungal properties of Juniper, which is very rich in volatile oils. They brewed its young twigs in boiling water and then with this hot infusion they washed the barrels that they used for preserving food during the long winters.

GUELDER ROSE
Viburnum opulus
Guder rose berries are very sour and are deemed uneatable in most countries where they grow. Since Siberian food potential is limited, locals managed to use these berries. In particular, they are used as a traditional Siberian pie filler.

SIBERIAN CRANBERRY
Vaccinium oxycoccus
Wild-growing Siberian cranberry contains a high amount of antioxidants. Although it’s not only the chemical composition that is different. Siberian cranberries even look quite different from their American counterparts. These berries are smaller and thicker, with a much more intense aroma, and they taste sour, not sweet.

SIBERIAN WINTERGREEN
Chimaphila umbellata
Translated from several languages in different countries the name of this small evergreen herb means “women’s forest herb.” It is because this plant was historically used for treating female infertility.

SIBERIAN FIREWEED
Chamerion angustifolium
This was a very important plant for the local Siberian population. The leaves of Fireweed can undergo natural fermentation, much like real tea, and thus they were in wide use for centuries as an excellent substitute for common tea.

ARNICA
Arnica montana
Arnica is one of the most potent “cardiovascular” herbs on the planet. However, it is rarely used now because it grows very sparsely and high up in the mountains, at altitudes of up to 9,000 feet, which makes harvesting very difficult.

SIBERIAN FLAX
Linum usitatissimum
People in Siberia have historically used Flax fiber as a substitute for the more expensive cotton. But since a lot of Flax seeds were always left over after processing, they learned to extract the oil from them and use it for food. Modern scientists discovered the heart-protecting properties of Flax seed oil only towards the end of the 20th century.

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SIBERIAN SAW-WORT
Saussurea pygmea
This plant is a typical “highlander.” It often can be found high up in the mountains at the level of glaciers. In order to evade the ruthless mountain sun and dehydration this plant developed several very specific features. It is densely furred with wooly hairs and all its stems and roots are closely tangled together to form a dense mass in the form of a hemisphere, which the local people name “witch’s rings.”

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SIBERIAN JUNPER
Juniperus sibirica
For centuries the Siberian people knew about the antibacterial and antifungal properties of Juniper, which is very rich in volatile oils. They brewed its young twigs in boiling water and then with this hot infusion they washed the barrels that they used for preserving food during the long winters.

GUELDER ROSE
Viburnum opulus
Guder rose berries are very sour and are deemed uneatable in most countries where they grow. Since Siberian food potential is limited, locals managed to use these berries. In particular, they are used as a traditional Siberian pie filler.

SIBERIAN CRANBERRY
Vaccinium oxycoccus
Wild-growing Siberian cranberry contains a high amount of antioxidants. Although it’s not only the chemical composition that is different. Siberian cranberries even look quite different from their American counterparts. These berries are smaller and thicker, with a much more intense aroma, and they taste sour, not sweet.

SIBERIAN WINTERGREEN
Chimaphila umbellata
Translated from several languages in different countries the name of this small evergreen herb means “women’s forest herb.” It is because this plant was historically used for treating female infertility.
EXTRA RICH MASSAGE BALSA M
This warming and tonifying balsam with its distinctive aroma helps to relieve muscle discomforts and brings recovery after workouts and weightlifting. It is an all-purpose balsam with the extra rich complex of herbal extracts and Siberian fir oil that delivers aromatherapy, warming and tonifying.

Active ingredients: fir oil, camphor gum, essential eucalyptus oil, galipot, extracts of St. John’s wort, thyme, birch polypore, oak bark, peony, coltsfoot, nettle, hop, bergenia, tumbleweed, white clover, angelica, silverweed.

250 ml
401806
7,89 €

JOINT COMFORT NATURAL RELIEF CREAM
UYAN NOMO
BODY CREAM WITH CHONDROITIN AND ORGANIC SULFUR
It is a rich blend of essential oils, botanical extracts and natural revitalizing ingredients. Organic sulfur and chondroitin activate skin metabolism, while botanical extracts and oils soothe and bring the feeling of comfort.

Active ingredients: galipot, chondroitin, organic sulfur, comfrey and marsh cinquefoil extracts, papain, complex of essential oils (eucalyptus, fir, rosemary, frankincense, clove).

100 ml
402579
5,68 €
REPAIR GEL
This effective natural complex harnesses the power of Siberian fir turpentine, bee pollen and royal jelly extracts of rosemary and amaranth, as well as essential oils of eucalyptus, Siberian fir, thuja and lavender. The complex helps soothe and repair damaged skin (this includes insect bites, and exposure to sun, wind, and cold).

Active ingredients: sunflower seeds oil, castor oil, bee wax, olive oil, sesame oil, lavender essential oil, galipot, fir essential oil, eucalyptus oil, royal jelly extract, amaranth extract, bee pollen extract, honey extract, rosemary leaf extract, sandal essential oil, tocopherol.

30 ml 401802 6,03 €

SCALP TONIFYING LOTION
The lotion is intended for scalp care. Essential oils of the formula promote a soothing effect, herbal extracts contribute to the elimination of excessive flaking. The complex of active ingredients energizes and moisturizes hair follicles giving you a new feeling of a fully revitalized scalp.

Active ingredients: extracts of St. John’s wort, chamomile, burdock, elder flower, buckwheat, aloe vera, caffeine.

250 ml 401805 7,89 €

LEG COOLING GEL
The herbal cooling gel helps to bring ease to tired legs. An instant feeling of freshness and lightness thanks to the essential oils which will help to relieve heavy, swollen legs, soothe the muscles and eliminate the feeling of discomfort.

Active ingredients: sesame oil, horse chestnut extract, elder extract, peppermint oil, caffeine, clove oil, trehalose, sweet marjoram oil, eucalyptus essential oil, everlasting essential oil.

75 ml 401803 6,50 €

TONIFYING CREAM FOR PERFECT LEGS
This natural cream is specially developed to help relieve the feeling of tired, heavy or swollen legs and provides a pleasing sensation of lightness. Infused with essential oil of wintergreen its formula delivers a tonifying effect, while bioflavonoid hesperidin helps strengthen skin microcapillaries.

Active ingredients: glycerin, hydrogenated soy polyglycerides, wintergreen oil, menthol.

75 ml 401804 7,08 €
INVIGORATING MASSAGE OIL
Discover the extraordinary warmth and energy of Siberian essential oils with a strong revitalizing effect! It’s a real spa experience to boost blood flow, invigorate your entire body and relieve tired legs.

Active ingredients: lemongrass and mint essential oils, spruce and thyme essential oils, oils of green coffee and hazelnut.

100 ml
401832
6,73 €

WARMING MASSAGE OIL
Massage with this warming massage oil brings a general strengthening and stimulates better blood circulation. Besides, it perfectly helps to relieve muscular tension.

Active ingredients: oils of red pepper and burning vanilla, essential oils of ginger, cinnamon, clary sage, vetiver, tangerine.

100 ml
401833
6,73 €

RELAXING MASSAGE OIL
A rich blend of sandal, cardamom, geranium and eucalyptus relaxes your senses and helps to regain strength and bolster immunity. It helps ease away tension and makes you feel the calming sensation in your entire body.

Active ingredients: lavender essential oil, essential oils of peppermint and sandal tree, sweet clover extract, sesame oil.

100 ml
401834
6,73 €
SPACollection

Immerse in Harmony with Nature

The collection is designed specifically for your face and body care, restoring emotional balance and inner energy, accenting your natural beauty and flawless look.

1. Wild Strawberry & Green Tea
   Hand & Body Wash
   The silky smooth texture of Hand & Body Wash reveals a sensual scent of ripe wild strawberry melting in the refreshing notes of green tea. Effectively removes impurities and leaves your skin radiant and more resilient!
   Active ingredients: pistachio oil, shea butter, extracts of wild strawberry, raspberry and green tea.
   250 ml 410022 6,96 €

2. Wild Strawberry & Green Tea
   Herbal Body Moisturizer
   Turn your skin care routine into pure delight! The lightweight texture of moisturizer softens and nourishes skin leaving it pleasantly scented with notes of sensual wild strawberry and refreshing green tea. Its formula is enriched with precious shea butter and pistachio oil, toning extract of green tea leaves, extracts of wild strawberry and raspberry that deliver intense hydration and skin nourishment.
   Active ingredients: wild strawberry, raspberry and green tea extracts.
   250 ml 410019 7,54 €

3. Wild Strawberry & Green Tea
   Sugar Body Scrub
   Gentle scrub with sugar and strawberry seed powder leaves the skin perfectly smooth and velvety. Its sensual scent of wild strawberry and refreshing notes of green tea add a touch of luxury to your exfoliating routine! Extract of wild strawberry berries lavishly nourishes the skin leaving it radiant. Using skincare products based on wild berries on a daily basis is the key to flawless complexion!
   Active ingredients: sugar, strawberry seed powder, green tea extract, wild strawberry and raspberry extracts, shea butter and pistachio oil.
   100 ml 410016 6,96 €
3. CEDAR & APPLE
SUGAR BODY SCRUB
Gentle scrub with sugar and Siberian pine stone powder sloughs away dead skin and leaves your skin silky, soft and supple! The formula is infused with precious shea butter and pistachio seed oil that lavishly hydrate and vitamin-rich cedar oil that saturates skin with intense nourishment. Made with fir oil this scrub is a must-have for a well-toned and radiant skin, because products formulated with fir oil stimulate the collagen formation and increase elasticity.

**Active ingredients:** sugar, pine stone powder, cedarwood essential oil, fir essential oil, pistachio oil and shea butter.

250 ml 410015  6,96 €
Cream with a light texture and delicate aroma gives your hand skin a delightful comfort, nutrition and intense moisturizing. Vitamin PP stimulates skin renewal, increases collagen synthesis, returns the skin's natural smoothness and elasticity. The cream will become your best go-to solution.

1. MILK OAT & RICE OIL
HAND CREAM
Incredibly delicate scent.
Active ingredients: rice bran oil, oat extract, vitamin PP.
75 ml 411168
3,94 €

2. RASPBERRY & VERBENA
HAND CREAM
Sparkling berry-citrus aroma of juicy raspberries and fresh verbena.
Active ingredients: raspberry extract, verbena hydrolate, vitamin PP.
75 ml 411170
3,94 €

3. THYME & SAGE
HAND CREAM
Fresh, harsh flavor of wild thyme and clary sage.
Active ingredients: thyme hydrolate, clary sage essential oil, vitamin PP.
75 ml 411169
3,94 €
Happiness made by nature!

Combining the best of mothers’ personal experience and Siberian nature we have created the Vitamama series that offer products for kids’ strong immunity and delicate care for tender baby skin.

At the heart of all products are original and tested formulas infused with natural ingredients.

Vitamama series by Siberian Wellness is created to make kids happy and active while their parents feel certain!

BEST OF NATURE FOR ACTIVE KIDS AND HAPPY PARENTS!
VITAMAMA OMEGA-3
FOOD SUPPLEMENT WITH POLYUNSATURATED OMEGA-3 ACIDS
Special omega-3 acids complex for kids 3+
• DHA helps maintain normal vision and brain function. The beneficial effect is achieved when taken daily in a dosage of 250 mg of DHA.
• DHA and EPA contribute to the normal functioning of the heart. The beneficial effect is achieved when taken daily in a dosage of 250 mg of EPA and DHA.
• Alpha-linolenic acid helps maintain normal blood cholesterol levels. The beneficial effect is achieved when taken daily in a dosage of 2 g of alpha-linolenic acid.
Original and convenient dosage: the fish-shaped gelatin capsules protect the contents from oxidation and create a joy-filled day.

Active ingredients: linseed oil, gelatin, ethylic ether of fatty acid derived from fish oil, vitamins E, A, D.
128 capsules / 100 g  500681  13,13 €

VITAMAMA BABY
BABY CLEANSING FOAM MADE WITH CHAMOMILE WATER
Tender Cleansing Foam with chamomile and pine water gently and effectively cleanses baby’s sensitive skin preserving it soft and moisturized. Chamomile and lavender essential oils help to sustain supple baby’s skin in natural state.

Active ingredients: chamomile and pine flower waters, lavender and chamomile essential oils.
250 ml  404242  7,66 €

VITAMAMA BABY
BABY BATH HERBAL CONCENTRATE MADE WITH CHAMOMILE WATER
May your baby enjoy aromatic and warm bathing! Foam-free herbal concentrate gently cares for baby skin. Calendula, bur-marigold and celandine refresh skin and reduce skin irritations. Chamomile and lavender essential oils soothe skin and set baby for a soft sleep.

Active ingredients: marigold, bur-marigold and celandine, lavender and chamomile essential oils.
200 ml  404241  7,08 €

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Active ingredients: marigold, bur-marigold and celandine, lavender and chamomile essential oils.
200 ml  404241  7,08 €

VITAMAMA BABY
BABY CREAM MADE WITH CHAMOMILE WATER
The soft cream for your baby’s skin care from the very first days. Panthenol promotes optimal hydration of the skin, strengthening its barrier function. Blue chamomile and lavender essential oils help to reduce skin irritation and flaking.

Active ingredients: panthenol, chamomile flower water, lavender and chamomile essential oils.
200 ml  404240  7,08 €
Peptide-based cosmetics are **MUCH MORE EFFECTIVE** compared with creams containing large molecules of collagen and elastin. Such cosmetics have a higher cost due to the complex production process and ensure a guaranteed result.

Peptides are compounds consisting of only a few amino acids. Peptide nanomolecules easily penetrate deep into the dermis, stimulate regeneration processes, ensuring a pronounced and long-lasting anti-aging effect.
THE COMPLEX OF PEPTIDES, CONNECTED WITH DIAMOND POWDER

The potent and highly bioavailable antioxidant protects against premature aging.

Packed in special micro-spheres, it penetrates into the deeper layers of skin, where unwrapping it swells and plumps out the wrinkles from within providing an immediate rejuvenating effect.

COSMETELLECTUAL SERUM

The absolutely innovative next-generation formula of this rejuvenating serum is enriched with Hyaluronic Filling Spheres for a profound and long-lasting anti-wrinkle effect. Siberian Lingzhi mushroom and wild cherry flower extracts and Siberian cranberry seed oil provide powerful anti-aging and antioxidant protection for the radiant and younger-looking skin.

50 ml 409280

26,33 €

SUSTAINABLE. RESPONSIBLE. SMART.

3 ADVANTAGES:

ν 85% less carbon dioxide emissions when recycling packaging*.
ν Refillable pod (refill) made of recycled PP (polypropylene).
ν Reuse of expensive beautiful packaging. Filler can be easily replaced with a new one.

COSMETELLECTUAL CREAM

Pamper your skin with precious Cosmetellectual cream! The lightweight and fluffy texture instantly melts into the skin and ideally suits as a face primer. Smart formula targets the lower layers of skin (dermis): DiamondSIRT® ensures the skin repair from within, while SWT-7™ (Swertia extract) helps smooth out vertical and horizontal wrinkles – visible effect in just 7 days. Altai polypore extract delivers powerful antioxidant effect protecting the skin from premature aging.

50 ml 409843 (without refill)

26,33 €

50 ml 413494 (with refill)

27,26 €

50 ml 413495 (refill)

14,50 €

HIGH-MOLECULAR HYALURONIC ACID

Packed in special micro-spheres, it penetrates into the deeper layers of skin, where unwrapping it swells and plumps out the wrinkles from within providing an immediate rejuvenating effect.

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FLAWLESS LOOK TINTED MOISTURIZER SPF 15
With its melt-in texture the moisturizer provides a vital surge of hydration and delivers lightweight coverage evening out the skin tone. Special 3 in 1 formula:
1. Smooths out fine lines and wrinkles.
2. Gives your skin a natural and youthful glow.
3. SPF provides UV protection and eliminates photoaging. Regular use of the cream restores skin and makes it smooth and firm.

30 ml  21,23 €

REJUVENATING ULTRA LIGHTWEIGHT DAY CREAM
Precious biopeptide complex, gotu kola extract and Siberian sea-buckthorn oil deeply hydrate, nourish and provide withering skin revival. Within a few weeks, you see younger-looking skin: diminished wrinkles, more defined facial contours and even complexion. Ultra-lightweight facial cream based on Siberian sea-buckthorn and Altai rapeseed oils is enriched with potent extracts of rosemary, gotu kola, ganoderma and shiitake mushroom to support your natural beauty every day.
50 ml  408372  21,23 €

REJUVENATING ULTRA RICH DAY CREAM
Advanced anti-age formula enhances the skin elasticity and restores its moisture balance, preventing cell dehydration. Natural components of the formula (rhodiola rosea, marigold and ginseng) nourish and hydrate the skin, supporting its resistance to the age-related changes, as well as make the skin smooth and radiant. The precious biopeptide complex, unsaponifiable matters of the olive oil, extracts of Siberian rhodiola, marigold and ginseng provide a profound moisturizing effect.
50 ml  408373  21,23 €

REVITALIZING EYE CREAM
The advanced cream targets slackened areas and helps reduce the appearance of fine lines and dark circles under the eyes. Natural oligosaccharides contribute to the long-lasting hydration. The skin is more resilient and firmer. Ultra-lightweight revitalizing cream made with oils of jojoba, olive and camellia, beeswax and enriched by the potent extracts of ganoderma, crowberry and royal jelly for a long-term and invisible protection.
15 ml  404326  9,74 €

CELLULAR REVIVAL NIGHT CREAM
Improved bio-lifting formula with volume effect promotes wrinkles diminishing. As a result: the skin looks smoother and lifted, while facial contours become firmer. The cream is packed with valuable botanical oils of olive, sesame and shea butter, anti-aging bio-peptide complex, extracts of amaranth, peony and pansy that promote instant skin repair.
50 ml  408374  21,23 €
INTELLIGENT SKINCARE SOLUTIONS (BEAUTY SERUMS)

Targeted effect formulas based on valuable Siberian plants and innovative scientific components, restoring skin youthfulness, radiance and firmness.

[30+] 
MOISTURE SURGE SERUM CONCENTRATE
Innovative complex – X50 Hyalufiller – with hyaluronic acid, moisture-retaining algae extract, royal jelly and Siberian arnica extract help to deeply hydrate, nourish and revive even aged skin. In several weeks you will find your skin more radiant and younger-looking, with fewer wrinkles and fine lines, firmer contours and even tone.
10 ml 404322
11,14 €

[40+] 
FACE CONTOUR SERUM CONCENTRATE
This luxurious firming serum with extra rich extracts of Siberian schizandra and royal jelly helps revitalize the skin, enhance contours, resilience as well as the overall appearance of mature skin. Plant ingredients of the formula, such as Siberian galega, Altai polypore and algae, help moisturize the skin and reduce wrinkles for a fresh and radiant look.
10 ml 404325
11,14 €

[50+] 
WRINKLE EXPERT SERUM CONCENTRATE
This serum intensely hydrates the skin for a radiant and more youthful look. Enriched with Natural Oligopeptide X50 Myocept Complex to tone facial muscles and with a potent ginseng extract to revive skin, it has a visible lifting effect and reduces fine lines and wrinkles.
10 ml 404324
11,14 €
LUXURIOUS FACE RENEWAL MICELLAR WATER
Thanks to its innovative micellar formula, this makeup remover provides extremely gentle, but effective cleansing and is suitable even for the most sensitive skin. Rich in plant extracts it delivers antioxidant and anti-aging properties, nourishes, rejuvenates and protects the skin.
200 ml 408369 12,53 €

HYDROPHILIC CLEANSING OIL
This rich cleansing oil and make-up remover for daily care designed on the basis of vegetable oils and water. Forming a pleasant emulsion it cleans skin perfectly, without a greasy feeling. Ideal for dry and sensitive skin.
200 ml 408368 12,99 €

ULTRA-SOFT CREAM CLEANSER
Turn your cleansing routine into pure delight! Ultra-soft cream cleanser suits even sensitive skin that fears soap-based cleansers. Thanks to the plant-based formula infused with the Siberian cedar seed oil and extract of flax seeds that softens skin, as well as with extract of Altai lingzhi mushroom – a rich source of antioxidants, it effectively dissolves skin impurities and makeup.
100 ml 409977 12,53 €
DEEP CLEANSING AND PEELING LOTION
This extra-gentle peeling lotion formulated with natural botanical acids helps remove impurities, dead and dull cells to reveal a completely new, youthful and radiant look of your skin. Ideal daily care for oily and acne-prone skin.
200 ml  408370
12,06 €

PORE CLEANSING FACIAL EXFOLIATOR
This luxurious exfoliator provides a multi-step gentle cleansing and reviving care for all skin types, including sensitive and irritable skin. It carefully dissolves excess sebum, removes dead cells and polishes the skin, opening its pores to breathe. As a result: pores are open to breathe, smooth skin.
100 ml  408371
12,06 €

REJUVENATING BALANCING SOFTENER
Rejuvenating Balancing Softener delivers targeted effect: moisturizes, softens and renews skin after cleansing. Now your skin is fully prepared for a daily cream, serum or any other product to follow. For a better and faster result!
200 ml  408253
11,02 €

ICE TOUCH INSTANT LIFT MASK
A flawless transformation! Packed with invigorating botanical extracts and Crambe abyssinica oil this cooling mask instantly energizes the skin, eliminates signs of fatigue, providing de-puffing and lifting effects. A must-have on a hot summer day and go-to solution in a rush. Intense care for your beauty routine.
50 ml  410091
10,09 €
MINI VERSIONS OF YOUR FAVORITE PRODUCTS

HANDY:
- ON THE GO
- AS PRODUCT SAMPLE
- FOR TRAVELLING

COMPLEX CARE
FOR THE BEAUTY AND YOUTH OF YOUR SKIN

COMPLEX SKINCARE IS WAY MORE EFFICIENT THAN A SINGLE PRODUCT

Complex skincare is a step-by-step treatment program designed to maximize effectiveness of your skincare regimen. For beautiful skin at any age!
THE BODY LAB WORKS AS HARD AS YOU DO

THE BODY LAB

UPON HIGH CONCENTRATION THE COMPLEX OF ARNICA, ELDERBERRY, CHESTNUT AND RUSCUS EXTRACTS delivers a pronounced lymphatic drainage effect: improves microcirculation in the skin, prevents congested areas and helps to remove excess fluid from the body. It promotes tonifying and strengthening effects.

THE X50 MOLECULE reduces lipid synthesis, which facilitates slimming and helps smooth out “orange peel” skin. Result: a more sculpted body silhouette, smooth and supple skin.

PROVEN BENEFITS
SEE RESULT IN A MONTH*:
• 1.6 CM DECREASE IN HIP MEASUREMENT.
• LESS VISIBLE SIGNS OF CELLULITE (9% REDUCED “ORANGE PEEL” SKIN).
• SMOOTHER SKIN (6.5% INCREASED DERMAL DENSITY).

* Instrumental testing, NATURETHIC (Barcelona).
L’INSPIRATION DE SIBÉRIE
BY SIBERIAN WELLNESS

BODY CARE COLLECTION PROLONGS THE BALMY BREATH OF THE SERIES SCENTS.

Each product has a pleasant texture, perfectly nourishes and softens the skin, leaving an exquisite trail of favorite compositions of L’INSPIRATION DE SIBÉRIE series by Siberian Wellness.

The luxurious shower gel forms a fragrant foam, gently cleanses and softens the skin, restoring its natural pH balance.

Perfumed body lotion with a velvety texture deeply moisturizes the skin, leaves it soft, elastic and delicately scented.

LEGEND OF SIBERIA

Pristine Taiga: Siberian pine freshness bursts into the hot forest bouquet unleashing the secrets of natural forces!

Top notes: needles of Siberian cedar, cardamom, juniper
Heart notes: Siberian pine, freshness
Base notes: sandalwood, Siberian cedar, patchouli, ambergris, fir balm, pinewood moss
TASTE OF ROMANCE

Altai summer: breath of wind, freshness of mountainous lakes, gentle plant petals and mild dizziness of highlands.

Top notes: lemon beebalm (bergamot), coconut water, tiare (Tahitian gardenia)
Heart notes: orange blossom, ilang-ilang, jasmine
Base notes: tuberose, Bourbon vanilla, white musk

FRESH FEELINGS

Fresh breath of freedom: slight breeze at the rock top, sun-warmed stones, green taiga, mild wood notes...

Top notes: citrus notes, lemon beebalm (bergamot), citrus freshness
Heart notes: fig leaves, mountainous lavender, spicy ginger
Base notes: vetiver, white musk, sandalwood